



Dodge Ball

Dodge Ball is a team sport.

1. Teams will be assigned by the playground supervisors, with no more than 10 or 11 players per side.
2. Players throw the ball at opposite team members trying to 'hit' them with ball at or below the arm pits.
3. Once hit a player stands behind the white sideline (outline) until a player on their own team catches a thrown ball before it hits the ground or the wall.
4. The playing area for each side is between the red center line and white back and side lines.

A player is out and must go to the side line if:

Player gets hit with the ball at or below the arm pits.

Player steps outside the area of play or touches the wall

Player goes out after the ball after someone else has already stepped out to retrieve the ball.

Player throws the ball above the arm pit of the players on the opposite team.

Player grabs or holds another player.

Easy throws result in both players being out.

If only one player is left on a side that person may forfeit the game. If this happens all players return to play from outline.

Have fun and play safe!