

# Basketball Rules



Basketball is a team sport. Two teams of five players each maximum.

1. Supervisors are to make teams after player's line up on center court line. No more than five players on each team.
2. Game is to start with a jump ball.
3. No back court checking. You may not try to take the ball away from the other team before they cross the half-court line.
4. The teams will rotate taking the ball out for a throw in when a jump ball results from one player on each team having both hands on the ball at the same time.
5. Players may not travel with the ball, taking more than 2 steps without dribbling the ball. They may not double dribble, dribbling the ball with both hands at the same time or picking the ball up and then dribbling again.
6. When a team makes a basket they score 2 points.
7. Fouls include any type of physical contact.
  - Hitting
  - Pushing
  - Slapping
  - Holding
  - Charging-pushing or running over another player

If fouled while not shooting, the ball is given to the team the foul was committed upon.